



Did You Know ...

The Community Parent Education Program (CPEP) will be offered in (or around) your neighborhood school?

A FEW FUN FACTS ABOUT CPEP:

- Free to any interested parent, adult and/or caregiver (and their children aged 5-12)
 - No referral or social service involvement needed
 - Runs once a week for 8 weeks
- Research based program with evidence-based outcomes
- Provided by Hull Services; a registered not-for-profit that has been helping Calgary's children, youth, and families navigate mental health challenges and other barriers since 1962

WHAT TOPICS WILL BE COVERED?

Relationship Building and Positive Behaviour
Reducing Conflict and Managing Transitions Successfully
Special Incentives and Collaborative Planning
Effective Consequences and Problem-Solving Strategies

Please find the 8-week program schedule attached, feel free to photocopy and/or email/distribute to any interested party.

To register or for additional information please email:

HullCPEP@hullservices.ca